



## Chemical Allergy Questionnaire

### Am I allergic?

Answer these 17 questions and find out.....

Do you dislike the taste of your tap water or do you feel that it causes symptoms?	Yes	No
Do you react to wood burning stoves, fireplaces or kerosene space heaters?	Yes	No
Do you react when entering fabric shops, carpet stores, grocery stores or department stores?	Yes	No
Do you react or dislike the odor of perfume, soap, detergents, colognes, or other solvents, such as fingernail polish remover, paint remover, model airplane glue, etc.?	Yes	No
Do you dislike or react to disinfectants, insecticides, sprays, ammonia or moth balls?	Yes	No
Do you react or dislike the odor of Christmas trees or other indoor evergreen decorations, odor from sanding or woodworking, odor of a cedar closet, or pine-scented household deodorants, shampoos or turpentine based paints?	Yes	No
Do you react to or dislike the odor of exhaust fumes, jet airplane exhausts, oil, or gas fumes or diesel fumes from trucks or buses?	Yes	No
Do you feel that you react to your working environment, either continuously or depending upon the area of the workplace that you are in?	Yes	No

Do you have hobbies that involve exposure to smells, odors, chemicals, paints, ceramics or dusty moldy, chemically contaminated areas?	Yes	No
Do you have a tendency to have unpleasant feelings or reactions to all medicines taken by mouth regardless of what condition they are given for?	Yes	No
Do you take large amounts of over-the-counter medications, such as vitamins, headache pills, sinus pills, etc.?	Yes	No
Do you react to other people's use of tobacco (cigarettes, pipes, cigars)?	Yes	No
Do you react to all types of fresh fruit and vegetables and improve if the substances are cooked or peeled?	Yes	No
Do you react to foods that are commercially prepared while not reacting to the same foods that are eaten fresh or prepared at home?	Yes	No
Do you have difficulty eating in restaurants, but are able to eat the same foods when prepared at home?	Yes	No
Do you feel that you perform or feel better in natural lighting compared to fluorescent lighting?	Yes	No
Do you react to newsprint or other printed material?	Yes	No